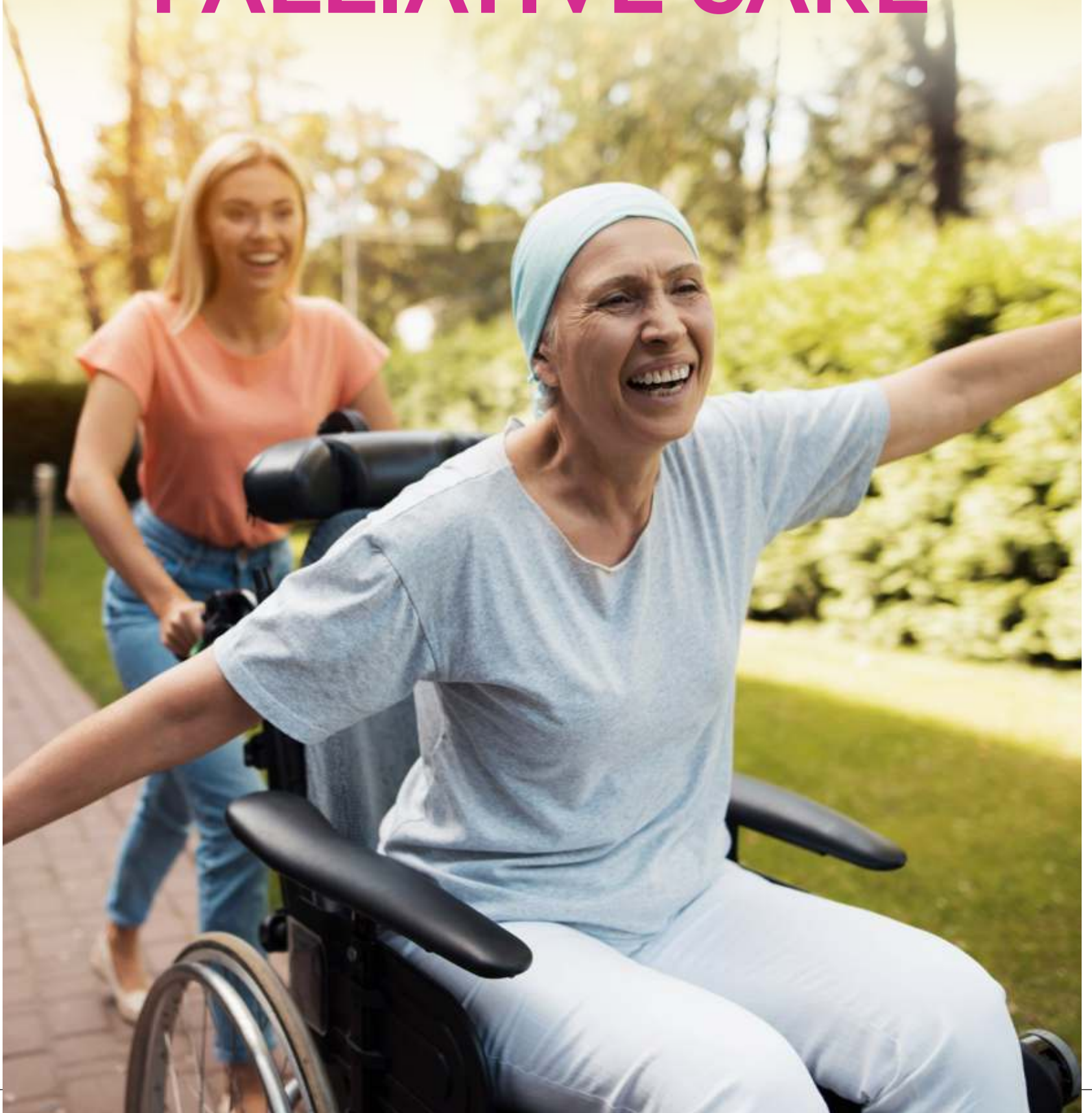




Narotam Sekhsaria Foundation



Three Months Certification Course in
PALLIATIVE CARE



About Us

About the Course

This course is for clinicians who are keen to enhance & upgrade their knowledge in palliative care. The course content of BMJ's 3 Months Certificate Course in Palliative Care is evidence-based & peer-reviewed, this course is an e-learning & along with 3 days contact programme, which gives confidence to the doctors to manage patients suffering from a life-threatening disease and their families in the best possible manner. This course has 15 modules that have been developed by national & international subject matter experts. We strongly feel that palliative care is an important area and every individual has a right to a peaceful and dignified life and death.

3 Days contact programme at MAHE

About BMJ

BMJ started out over 170 years ago as a medical journal, publishing our first research paper. Now, as a global brand with a worldwide audience, we help medical organisations and clinicians tackle today's most critical healthcare challenges. Today, our expertise extends to medical education, clinical decision support and quality improvement to enhance day to day decision-making and healthcare delivery.

About IAPC (Indian Association of Palliative Care)

The Indian Association of Palliative Care (IAPC) was set up on March 16, 1994 in consultation with the World Health Organisation (WHO) and the Government of India as a national forum to connect, support and motivate individuals and institutions involved in palliative care. IAPC is committed to end the needless suffering due to persistent severe pain. It is working with the central government to translate the amended law into implemented practices in different parts of the country. It is also in the process of developing a structured training program, to enable champions from different regions of India in improving the access and availability of essential narcotic drugs for medical use in their local regions

About Narotam Sekhsaria Foundation (NSF)

The Narotam Sekhsaria Foundation is a not-for-profit organization set up by an endowment from Mr. Narotam Sekhsaria, a visionary entrepreneur with a strong sense of social commitment. In 2002, he established the Narotam Sekhsaria Foundation to undertake activities in the areas of health, education and employment generation by designing its own programmes and also by partnering with other organisations to support their projects.

About MAHE

Manipal Academy of Higher Education (MAHE) is one of India's leading academic and research institutions. It has been granted Institution of Eminence status by the Ministry of Education, Government of India. Manipal Institutions have long been distinguished for excellence in professional education. The University is home to some of the top ranking institutions across diverse disciplines.

Course Directors



Dr. Naveen Salins

Professor and Head of the Department of Palliative Medicine and Supportive Care, Karnataka Coordinator, Manipal Comprehensive Cancer Care Centre, Kasturba Medical College, Karnataka
Editor, Indian Journal of Palliative Care
Honorary Tutor, School of Medicine, Cardiff University, UK.



Dr. Kieran Walsh

Clinical Director
BMJ Learning & BMJ Best Practice,
London

About the course

Course Objectives

At the end of this course, the participant will be able to:

- Understand and apply the principles of palliative care in chronic and life-limiting illness
- Identify the palliative care needs of patients and their families with cancer and non-cancer conditions
- Identify palliative care needs in paediatric and geriatric population
- Assess and manage pain and other physical symptoms
- Identify and manage issues that needs specialised nursing interventions
- Assess and manage psychological, emotional and social issues in patients with chronic and life-limiting illness
- Communicate effectively and handle difficult communication situations
- Discuss goals of care and facilitate advance care planning
- Identify the needs of the dying person and support patient and their families in last hours of life
- Identify and address the ethical and legal challenges in limitation of life-sustaining treatment and end of life care.

Course Eligibility

Doctors [having completed MBBS] & nurses

Course Journey

- After enrolment, participants will receive user ID and password to access the course modules.
- There are self assessment questions after the completion of modules.
- On successful completion of the course and getting 70% and above in the final assessment, candidates will receive a passing certificate jointly certified by BMJ & NSF.

Course USPs

- The course will enable learners to understand and apply the principles of palliative care in chronic and life-limiting illnesses
- The course content is evidence based and peer-reviewed
- The course curriculum and content has been developed by national and international experts
- The course is online, helping you to minimize your time away from work.

Course Fee - INR 21,240 inclusive of GST

Scholarship provisions are available for

- Interns
- Post graduate medical school students
- NGO workers

Examination

For Hands on Training Variant : MCQ, Spot Identification, OSCE (Objective structured clinical examination) and VIVA.

The candidate will be required to come once for **3 days** to MAHE for the contact programs..

Course Modules

S. No	Titles of the modules
Module 1	Principles and practise of palliative care
Module 2	Cancer and chronic pain in palliative care
Module 3	Oral, GI, and fatigue symptoms management in palliative care
Module 4	Principles of symptom management: respiratory and urological symptoms
Module 5	Nursing interventions for symptom management in palliative care
Module 6	Communication skills in palliative care
Module 7	Care planning and ethical issues in palliative care
Module 8	Palliative care in patients with non-malignant conditions: Part A
	Palliative care in patients with non-malignant conditions: Part B
Module 9	Introduction to Geriatric Palliative Medicine - Part A
	Assessment and management to Geriatric palliative care - Part B
Module 10	Palliative care in Paediatrics
Module 11	Managing psychosocial issues in palliative care
Module 12	Palliative care in Oncological diseases

Press Coverage



BMJ



Narotam Sekhsaria Foundation



Certificate

This is to certify that

_____ has successfully completed the **Three Months Certification Course in Palliative Care** conducted by

BMJ with support from Narotam Sekhsaria Foundation and IAPC & MAHE

from _____ to _____

Dr. Kieran Walsh
Course Director

Dr. Naveen Salins
Course Director

Dr. Padmaraj Hegde
Dean & Professor
MAHE

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