Three Months Certification Course in PALLIATIVE CARE

(Supported by Narotam Sekhsaria Foundation)
About BMJ (British Medical Journal)
BMJ started out over 170 years ago as a medical journal, publishing our first research paper. Now, as a global brand with a worldwide audience, we help medical organisations and clinicians tackle today’s most critical healthcare challenges. Today, our expertise extends to medical education, clinical decision support and quality improvement to enhance day to day decision-making and healthcare delivery.

About IAPC (Indian Association of Palliative Care)
The Indian Association of Palliative Care (IAPC) was set up on March 16, 1994 in consultation with the World Health Organisation (WHO) and the Government of India as a national forum to connect, support and motivate individuals and institutions involved in palliative care. IAPC is committed to end the needless suffering due to persistent severe pain. It is working with the central government to translate the amended law into implemented practices in different parts of the country. It is also in the process of developing a structured training program, to enable champions from different regions of India in improving the access and availability of essential narcotic drugs for medical use in their local regions.

About NSF (Narotam Sekhsaria Foundation)
The Narotam Sekhsaria Foundation is a not-for-profit organization set up by an endowment from Mr. Narotam Sekhsaria, a visionary entrepreneur with a strong sense of social commitment. In 2002, he established the Narotam Sekhsaria Foundation to undertake activities in the areas of health, education and employment generation by designing its own programmes and also by partnering with other organizations to support their projects.

Course Directors

Dr. Naveen Salins
Professor and Head of the Department of Palliative Medicine and Supportive Care, Karnataka Coordinator, Manipal Comprehensive Cancer Care Centre, Kasturba Medical College, Karnataka
Editor, Indian Journal of Palliative Care
Honorary Tutor, School of Medicine, Cardiff University, UK.

Dr. Naveen Salins a very renowned name in Palliative Care, got trained in Palliative Medicine at Lyell McEwin Hospital, South Australia. After returning to India he has worked as Palliative Medicine Consultant at KMC Manipal and Bangalore Institute of Oncology. He has many peer-reviewed publications and conference presentations to his credit. He is the Editor of Indian Journal of Palliative Care, Member of Central Council of Indian Association of Palliative Care, and National Faculty for Palliative Care Education in India and Academic Consultant for Trivandrum Institute of Palliative Sciences.

Dr. Kieran Walsh
Clinical Director
BMJ Learning & BMJ Best Practice, London

Dr Kieran Walsh is Clinical Director at BMJ, has a vast amount of experience in online medical education & clinical decision support He has published over 200 papers in the biomedical literature and has many books to his credit. He is a Fellow of the Higher Education Academy, a Fellow of the Royal College of Physicians of Ireland, a Fellow of the Academy of Medical Educators, and Adjunct Associate Professor at Monash University.
About the course

This course is for healthcare workers who are keen to enhance & upgrade their knowledge in palliative care but are not sure if the course content is evidence-based & peer-reviewed. BMJ's Three Months Certificate Course in Palliative Care is an e-learning course gives confidence to the doctors and healthcare workers to manage patients suffering from a life-threatening disease and their families in a best possible manner. This course has 12 modules that have been developed by subject experts with lot of passion as we strongly feel that palliative care is important and every individual has a right to a peaceful and dignified life and death.

Course Objectives
At the end of this course, the participant will be able to:
• Understand and apply the principles of palliative care in chronic and life-limiting illness
• Identify the palliative care needs of patients and their families with cancer and non-cancer conditions
• Identify palliative care needs in paediatric and geriatric population
• Assess and manage pain and other physical symptoms
• Identify and manage issues that needs specialised nursing interventions
• Assess and manage psychological, emotional and social issues in patients with chronic and life-limiting illness
• Communicate effectively and handle difficult communication situations
• Discuss goals of care and facilitate advance care planning
• Identify the needs of the dying person and support patient and their families in last hours of life
• Identify and address the ethical and legal challenges in limitation of life-sustaining treatment and end of life care.

Course Journey
• After enrolment, participants will receive user ID and password to access the course modules.
• There are self assessment questions after the completion of modules.
• On successful completion of the course and get 70% and above in the final assessment, candidates will receive a passing certificate jointly certified by BMJ & Indian Association Of Palliative Care (IAPC).

Course USPs
• The course will enable learners to understand and apply the principles of palliative care in chronic and life-limiting illnesses
• The course content is evidence-based and peer-reviewed
• The course curriculum and content has been developed by national and international experts
• The course is online, helping you to minimize your time away from work.

Course Eligibility - Doctors, Allied Healthcare Professionals, and Nurses
Course Fee - INR 17,700/- (Rs 15000 plus 18% GST)
Course Duration - 3 Months

Scholarship provisions are available (Sponsored by NSF)
• Interns
• Post graduate medical school students
• NGO workers

Examination
At the end of the course, there will be an online examination.
<table>
<thead>
<tr>
<th>Module</th>
<th>Titles of the modules</th>
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| Module 1 | Principles and practice of palliative care  
Author Dr Navin Salins |
| Module 2 | Cancer and chronic pain in palliative care  
Authored Dr. Sushma Bhatnagar and Co-Author: Dr Lukas Radbruch |
| Module 3 | Oral, GI and fatigue Symptoms management in palliative care  
Authored by Dr Nikki Pease and Co-Authored by Dr Anjum Joad |
| Module 4 | Respiratory and Urological symptoms  
Authored by Dr Nikki Pease and Co-Authored by Dr Anjum Joad |
| Module 5 | Nursing interventions for symptom management in palliative care  
Authored by Dr. Jody Chrastek and Co-Authored by Dr Alice Stella |
| Module 6 | Communication skills in palliative care  
Authored by Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt |
| Module 7 | Care planning and ethical issues in palliative care  
Authored by Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt |
| Module 8 | Palliative care in patients with non-malignant conditions: part 1  
Authored Dr. Arunangshu Ghoshal and Co-Authored Dr Mirian Johnson |
| Module 9 | Palliative care in patients with non-malignant conditions: part 2  
Authored Dr. Arunangshu Ghoshal and Co-Authored Dr Mirian Johnson |
| Module 10 | An introduction to palliative care for older adults: part 1  
Authored Dr Manajari Dighe |
| Module 11 | An introduction to palliative care for older adults: part 2  
Authored Dr Manajari Dighe |
| Module 12 | Palliative care in Paediatrics |
| Module 13 | Managing psychosocial issues in palliative care  
Authored Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt |
| Module 14 | Palliative care in Oncological diseases  
Authored Dr. Mary Ann Muckaden and Co Authored by Dr. Frank Ferris |
| Module 15 | Approach to End of Life Care  
Authored by Dr Jeremy R Johnson and Co Authored by Dr. Stanley C. Macaden |
Press Coverage

This is to certify that
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has successfully completed the conducted by

Three Months Certification Course in Palliative Care

BMJ with support from Narotam Sekhsaria Foundation

Accredited by Indian Association of Palliative Care.

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