Six Months Certification Course in Diabetes

Admissions Open!
Call 9650052070
INTRODUCTION TO THE COURSE

India has the second highest number of patients with diabetes in the world, at about 77 million.

BMJ, The Royal College of Physicians and Fortis C-DOC New Delhi have released the Six Month certification Course in Diabetes. The course helps physicians improve their theoretical and practical resources to manage diabetes in an effective manner.

In our endeavor to help clinicians tackle today’s most critical healthcare challenges, we constantly try to deliver the most relevant and current educational resources that doctors need. We are working on providing professional development solutions that help enhance knowledge and day to day decision-making in healthcare.

We have launched 20 batches of the Course in Diabetes till date and trained many healthcare professionals from India, Nepal, Pakistan, Sri Lanka, Bangladesh and UAE.
INTRODUCTION:
BMJ, FORTIS C-DOC & RCP

About BMJ
BMJ started out over 180 years ago as a medical journal, publishing our first research paper. Now, as a global brand with a worldwide audience, we help medical organisations and clinicians tackle today’s most critical healthcare challenges. Today, our expertise extends to medical education, clinical decision support and quality improvement to enhance day to day decision-making and healthcare delivery. However, our core objective remains unchanged. We continue to support medical professionals and organisations in improving the delivery of healthcare. We do this by publishing new academic research, providing professional development solutions and creating clinical decision support tools.

About Fortis C-DOC Hospital for Diabetes
Fortis C-DOC Centre of Excellence for Diabetes, Metabolic Diseases & Endocrinology is one of the best centres in India dedicated to delivering world-class care and management of diabetes, related metabolic diseases and endocrine disorders. Besides providing protocol based standardised treatment of Diabetes and metabolic diseases, it is committed to provide training of healthcare professionals.

About The Royal College of Physicians
The Royal College of Physicians is a world leader in postgraduate medical education. We deliver a wide range of projects aimed at strengthening health systems and improving medical standards across the globe. Our work spans high-, middle- and low-income countries, ranging from clinical skills workshops in rural Nigeria to accreditation work and guideline development in the Middle East. We also develop and coordinate the globally-recognised MRCP(UK) exams as part of the Federation of the Royal Colleges of Physicians.
WELCOME MESSAGES

Welcome Message From Dr. Anoop Misra

We are proud to offer this certification course, particularly since it has been prepared with profile of Indian patients of diabetes in mind; reviewed and quality controlled by top experts from UK. This carefully prepared curriculum. I am sure this would prepare Indian physicians to manage diabetes confidently.

Welcome Message From The Royal College of Physicians

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Welcome Message From Dr. Kieran Walsh

BMJ India is glad to announce its partnership with Fortis C-DOC Centre of Excellence for Diabetes, Metabolic Diseases & Endocrinology in New Delhi to provide educational support for health professionals to improve care for people with diabetes in India.

We are delighted to be involved in this initiative to help doctors learn more about this condition and really make a difference to diabetes care across the country.
Course Objectives
- Describe the pathophysiology, presentation, diagnosis of diabetes and its complications
- Evaluate the management options for adults newly diagnosed with diabetes (Type 1 or 2, gestational, or secondary diabetes)
- Understand the importance of lifestyle modifications in the prevention of diabetes and its complications
- Understand the importance of and learn effective management of obesity
- Apply national and international guidelines and evidence to the practice of diabetes care in India
- Understand the use of drugs, insulin and other management options

Course USPs
- Comprehensive course spanning theory, assessment, and hands-on training
- 6 months online course designed to suit your busy calendar
- Certificate from BMJ, Fortis C-DOC and RCP London

Course Journey
- After enrollment, candidates will receive login credentials to access the course.
- Participants need to complete all the units before attending the hands-on training contact program.
**UNIT 1**

**Introduction to Diabetes**
- Introduction and epidemiology of diabetes
- Diagnosis & classification of diabetes mellitus
- Pathogenesis of diabetes
- Pathogenesis of acute & long term complications
- Identification of high risk individuals
- Clinical approach to a diabetic patient

**UNIT 2**

**Lifestyle Modification & Obesity Management**
- Principles of diet in type I and type 2 diabetes
- Dietary and lifestyle alterations in special situations.
- Ramadan and diabetes.
- Principles of physical activity in diabetes.
- Diagnosis, causes and comorbidities associated with obesity.
- Management of obesity.
- Non conventional lifestyle & dietary interventions for diabetes & obesity.

**UNIT 3**

**Pharmacological Management of Diabetes**
- Evolution of therapy & drug targets
- Conventional oral anti-glycaemic drugs
- Newer anti-hyperglycaemic drugs
- Principles of Insulin therapy: Technique, Site, Dose adjustment
- Insulin delivery device including insulin pumps
- Individualization of therapy using algorithmic approach
- Therapies at the horizon

**UNIT 4**

**Management of Complications**
- Acute complications.
- Nephropathy.
- Neuropathy.
- Retinopathy.
- Cardiovascular diseases.
- Diabetic foot.
- Erectile dysfunction & hypogonadism.
- Infectious & skin diseases.
- Diagnosis and management of gestational diabetes mellitus.
Eligibility
Minimum requirement for course intake is MBBS.
Candidate has to be a Registered Medical Practitioner with NMC or any of the state medical councils.

Course Fee
- Online + contact program: INR 59,000 (inclusive of taxes)
- Only online program: INR 35,000 (inclusive of taxes)

Examination Pattern
For Only Online Variant: An online time bound test based on Multiple Choice Questions, there will be 60 MCQ’s to be answered in 60 minutes

For Hands on Training Variant: MCQ, Spot Identification, OSCE (Objective structured clinical examination) and VIVA.

The candidate will be required to come once for 3 days to Fortis C-DOC Hospital, Chirag Enclave, New Delhi for the contact programs only for the hands-on training variant of the course.
Six Months Certificate Course in Diabetes
Participants

Certificate

This is to certify that

has successfully completed the Six Months Certification Course in Diabetes jointly conducted by
BMJ & Fortis C-DOC, New Delhi from April 2020 to September 2020 and attended
the contact program at Fortis C-DOC New Delhi

Dr. Kiaran Walsh
Course Director
London

Professor Ali Jawad
International Medical Director
Royal College of Physicians, London

Dr. Anoop Miera
Course Director
India
### Reviews received by participants

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Feedback</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Ravinder Mohan Chhabra</td>
<td>Delhi</td>
<td>Interesting, informative &amp; interactive sessions increased my knowledge and will help me in my practice in future</td>
</tr>
<tr>
<td>Dr. Aparna Mohanta</td>
<td>Kolkata</td>
<td>An intensive and exhaustive course to empower a general physician</td>
</tr>
<tr>
<td>Dr. Tribhuvan Gulati</td>
<td>New Delhi</td>
<td>Excellent contact program, very well managed &amp; co-ordinated</td>
</tr>
<tr>
<td>Dr. Ranju Taneja</td>
<td>New Delhi</td>
<td>Excellent and informative course</td>
</tr>
<tr>
<td>Dr. Sandeep Datta</td>
<td>New Delhi</td>
<td>Quite informative, pragmatic and well organised course</td>
</tr>
<tr>
<td>Dr. Shahnawaz Ahmad Bandh</td>
<td>J &amp; K</td>
<td>Excellent course</td>
</tr>
<tr>
<td>Dr. Vikas Jaiswal</td>
<td>New Delhi</td>
<td>Session was informative to deal DM in daily practice</td>
</tr>
<tr>
<td>Dr. Dharampal Jain</td>
<td>Jind, Harayana</td>
<td>Highly satisfactory and informative</td>
</tr>
</tbody>
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*Excellent module, succinct and well presented.*
*Nicely prepared for Indian subjects.*
*Concise and most informative.*
*Good opening. The module presentation is concise and gets to the point fast.*
*Very informative epidemiology so far as urban-rural comparisons were concerned.*
*Excellent learning material in this module.*
*Excellent, comprehensive and easily remembered.*
*Couldn’t be better presented all details so precisely. Fantastic presentation.*
*Helpful algorithms.*

*Very good as it gives the precise details for diagnosis and classification of DM in a simple way.*
*Very lucid and to the point.A great learning experience. Could have incorporated more case studies.*
*I am thankful to the whole team of Fortis C-DOC and BMJ for helping me to take my knowledge and approach to a new level. It was an awesome experience and I hope your team will keep up your good work for the benefit for society. Best of luck for the future.*

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**Press Coverage**

**The Pioneer**

**Health professionals get help to improve diabetes care**

**Hindustan Times**

**Health programme will help professionals improve their knowledge of diabetes**

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**DIABETES**

**SPECIAL SERIES MANAGEMENT**

November 20, 2023; reprinted with Indian news rights

Diabetes is the number one cause of blindness in adults and is responsible for 30% of the health and economic burden on the world’s population. It causes a loss of quality of life and reduction in productivity. The World Health Organization (WHO) estimates that diabetes will be the 7th leading cause of death by 2030.

The programme is for 14 months and consists of 47 modules, which can be completed within 15 months. At the end of the programme, participants will have access to national and international guidelines and will be evidence-based in the area of diabetes mellitus.

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**THE ONLINE COURSE WILL HELP PROFESSIONALS IMPROVE THEIR KNOWLEDGE OF DIABETES MANAGEMENT**

**THE ONLINE COURSE**

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**BMJ India**

An international peer-reviewed medical journal, has collaborated with Fortis C-DOC Centre for Excellence for Diabetes, Metabolic & Endocrine Disorders to launch a training programme in diabetes management. The programme is designed for healthcare professionals who wish to improve their knowledge of diabetes management. This course is delivered online, with a structured content programme.

**Prezi Review**

Dr. Navneet Malhotra, Director, BMJ India, said: “We are proud to be offering this course, which will help healthcare professionals to improve their knowledge of diabetes management. This programme will be beneficial for healthcare professionals in India as it will help them to develop their skills in diabetes management.”
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